

WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 10/03, 31/03

AUTUMN/WINTER 2024

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|--|---|
| HOT SPECIALS | Macaroni Cheese | Classic Beef Burger Served with Potato Wedges | Roast Gammon Served with Roast Potatoes and Gravy | BBQ Chicken Pizza Served with Pesto Pasta | Fish Fingers Served with Chips |
| JACKET POTATO | Cheesy Bean Burrito | Quorn Burger Served with Potato Wedges | Roast Quorn Served with Roast Potatoes and Gravy | Meatless Feast Cheesy Pizza Served with Pesto Pasta | Veggie Fingers Served with Chips |
| | Jacket Potatoes with a choice of hot and cold fillings | Jacket Potatoes with a choice of hot and cold fillings including Salmon Mayonnaise | Jacket Potatoes with a choice of hot and cold fillings | Jacket Potatoes with a choice of hot and cold fillings | Jacket Potatoes with a choice of hot and cold fillings |
| Tomato Pasta Fresh, homemade tomato sauce with penne pasta | | | | | |
| All main meals are served with two vegetables | | | | | |
| DESSERT | Raspberry Jelly | Apple Crumble with Custard | Rice Pudding with Jam or Chocolate Spread | Flapjack with Fruit | Chocolate Brownie |

PACKED LUNCH AVAILABLE
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice

WEEK 2

W/C: 11/11, 02/12, 13/01, 03/02, 24/02, 17/03

AUTUMN/WINTER 2024

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|--|---|
| HOT SPECIALS | Veggie Supreme Pizza Served with Pesto Pasta | Beef Bolognese Served with Wholewheat Pasta | Roast Chicken Served with Roast Potatoes and Gravy | Chicken and Vegetable Pie Served with Mashed Potato and Gravy | Crispy Chicken Burger Served with Chips |
| JACKET POTATO | Vegetable Fajita Served with Wholegrain Rice | Chinese Vegetable Noodles | Winter Vegetable Hotpot | Macaroni Cheese | Quorn Dippers Served with Chips |
| DESSERT | Jacket Potatoes with a choice of hot and cold fillings | Jacket Potatoes with a choice of hot and cold fillings | Jacket Potatoes with a choice of hot and cold fillings | Jacket Potatoes with a choice of hot and cold fillings | Jacket Potatoes with a choice of hot and cold fillings |
| <p>Tomato Pasta Fresh, homemade tomato sauce with penne pasta </p> <p>All main meals are served with two vegetables</p> | | | | | |
| DESSERT | Crunchy Chocolate Mousse | Apple and Cinnamon Sponge with Custard | Fruits of the Forest Jelly | Orange Glazed Sticky Sponge Pudding with Custard | Chocolate Cookie |

PACKED LUNCH AVAILABLE
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice

WEEK 3

W/C: 28/10, 18/11, 09/12, 20/01, 10/02, 03/03, 24/03

AUTUMN/WINTER 2024

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|--|---|
| HOT SPECIALS | Macaroni Cheese | Pork Sausages Served with Mashed Potato and Gravy | Roast Beef Served with Roast Potatoes and Gravy | Chicken and Vegetable Korma Served with Wholegrain Rice | Fish Fingers Served with Chips |
| JACKET POTATO | BBQ Quorn Fillet Served with Wholegrain Rice | Quorn Sausages Served with Mashed Potato and Gravy | Vegetarian Cottage Pie Served with Gravy | Tomato and Sweetcorn Pasta | Cheese and Sweetcorn Omelette Served with Chips |
| | Jacket Potatoes with a choice of hot and cold fillings | Jacket Potatoes with a choice of hot and cold fillings | Jacket Potatoes with a choice of hot and cold fillings | Jacket Potatoes with a choice of hot and cold fillings | Jacket Potatoes with a choice of hot and cold fillings |
| Tomato Pasta Fresh, homemade tomato sauce with penne pasta | | | | | |
| All main meals are served with two vegetables | | | | | |
| DESSERT | Chocolate Beet Brownie with Orange Slices | Peach and Ginger Pudding | Sicilian Lemon Cookie with Fruit | Jam and Coconut Sponge with Custard | Vanilla Ice Cream |

PACKED LUNCH AVAILABLE
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice